

FACES IN THE CROWD



JODY DOZONO, 29

Ultimate Frisbee | San Francisco

Day job: Graduate student in physical therapy

What's up: Dozono captains the Bay Area Fury; she was named as an alternate to the U.S. coed team for the World Games in August.

On competitiveness:

"I don't think it's something you can teach. You can motivate people to try their best. But you can't teach 'Grrr.' Somebody either has it or they don't."

What's next: Leading the Fury to the North American championships in October.



ALYSSA ANN ROSATI, 7

Karate | Clearwater, Fla.

Day job: Second-grade student

What's up: In May, Alyssa became one of the youngest females to earn a black belt in karate—she was six.

Why karate: "I thought it was so cool. Punching and kicking. It looked like fun."

Memories of her first class: "I was afraid, because they were all boys."

Killer move: "The tornado kick. I like to spin and jump."

Lucky breakfast: "Powerpuff Girls cereal, mixed with Honey Nut Cheerios."

What's next: Grappling, kickboxing and advanced forms; training for her second-degree black belt.



ANJU REEJHSINGHANI, 29

Boxing | Seattle

Day job: Boxing gym co-owner (with kickboxing boyfriend)

What's up: Reejhsinghani is working to up her amateur U.S. ranking; she was fifth in her weight class in 2000.

How she got started: "I started boxing in London in 1994, and at the time, no women were boxing in England. At the club they told me that I probably meant to go to the aerobics class that met the hour before."

Highest moment: "The first time I knocked somebody down. When that happened I didn't even move at first. Just the thought that I could knock somebody down, that was amazing."

What's next: Competing in the national championships in September.



MARGO MACHEN, 38

Adventure Racing | Auburn, Ala.

Day job: Large-animal veterinarian; molecular geneticist

What's up: Machen recently joined adventure racing Team Anhinga; she played rugby for the U.S. national team; and, for relaxation, she mushes sled dogs in Alaska.

Favorite workout: "When it's about 95 degrees out, I strap 30 pounds onto my backpack, go to Auburn's football stadium and run steps. When I feel like I'm going to give out and my legs are shaking, I just kick it up a notch and crank the music up."

What's next: Competing in September's 125-mile Endorphin FIX adventure race in West Virginia.

VONI OERMAN, 40

Open-Water Swimming

Englewood, Colo.

Day job: State regulator of occupational schools

What's up: Oerman took third place overall in this summer's 28.5-mile Manhattan Island Marathon Swim; the longest race she'd swum before was five miles.

Her mantra: "I brought a girlfriend along in the boat and she was yelling at me, 'You are so there!' I told myself that with each stroke: You. Are. So. There. You. Are. So. There. I could hear her voice. It was great—you're kind of looped at the end anyway, because your body's deprived. You replay these things."

What's next: Swimming the English Channel.

