



HOBOKEN - CLASS SCHEDULE

84 Washington Street * (201) 792-5425

Effective: January 2nd, 2012

www.tsk.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:15p	4:45p	4:45p	4:15p	4:00p	9:00a
CORE CHILDREN	KICKBOXING CHILDREN	KICKBOXING CHILDREN / KIDS	CORE KIDS	CORE CHILDREN	INTER / ADV KICKBOXING ADULTS
5:15p	5:30p	5:30p	5:00p	4:45p	10:00a
GRAPPLING KIDS	GRAPPLING CHILDREN	GRAPPLING KIDS	GRAPPLING KIDS	GRAPPLING CHILDREN	BEGINNER GRAPPLING ADULTS
6:00p	6:15p	6:15p	6:00p	5:30p	11:00a
CORE KIDS	CORE CHILDREN	CORE KIDS	CORE CHILDREN	KICKBOXING KIDS	BEGINNER KICKBOXING ADULTS
7:00p	7:00p	7:00p	7:00p	6:15p	12:15p
BEGINNER KICKBOXING ADULTS	INTER / ADV KICKBOXING ADULTS	BEGINNER GRAPPLING ADULTS	INTER / ADV KICKBOXING ADULTS	GRAPPLING KIDS	CORE CHILDREN
8:00p	8:00p	8:00p	8:00p	7:00p	1:00p
INTER / ADV KICKBOXING ADULTS	INTER / ADV GRAPPLING ADULTS	BEGINNER KICKBOXING ADULTS	INTER / ADV GRAPPLING ADULTS	BEGINNER KICKBOXING ADULTS	GRAPPLING CHILDREN / KIDS
9:00p	9:00p	9:00p	9:00p	8:00p	1:45p
SPARRING ADULTS	BEGINNER KICKBOXING ADULTS	INTER / ADV KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	SPARRING ADULTS	KICKBOXING CHILDREN / KIDS
					2:30p
					CORE KIDS