



WAYNE - CLASS SCHEDULE

661 Hamburg Turnpike * Plaza Square Shopping Center * (973) 956-8443

Effective: December 1st, 2011

www.tsk.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00	4:00	4:00	4:00	4:00	10:00
CORE CHILDREN	GRAPPLING KIDS	CORE CHILDREN	CORE KIDS	CORE CHILDREN	BEGINNER KICKBOXING ADULTS
4:45	4:45	4:45	4:45	4:45	11:00
GRAPPLING CHILDREN	KICKBOXING CHILDREN / KIDS	KICKBOXING CHILDREN / KIDS	GRAPPLING KIDS	GRAPPLING CHILDREN	INTER / ADV KICKBOXING ADULTS
5:30	5:30	5:30	5:30	5:30	12:00
GRAPPLING KIDS	GRAPPLING CHILDREN	GRAPPLING KIDS	GRAPPLING CHILDREN	KICKBOXING CHILDREN / KIDS	CORE CHILDREN
6:15	6:15	6:15	6:15	6:15	12:45
CORE KIDS	CORE CHILDREN	CORE KIDS	CORE CHILDREN	GRAPPLING KIDS	GRAPPLING CHILDREN / KIDS
7:00	7:00	7:00	7:00	7:00	1:30
BEGINNER KICKBOXING ADULTS	SPARRING ADULTS	BEGINNER KICKBOXING ADULTS	INTER / ADV KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	KICKBOXING CHILDREN / KIDS
8:00	8:00	8:00	8:00		2:15
SPARRING ADULTS	GRAPPLING ADULTS	INTER / ADV KICKBOXING ADULTS	GRAPPLING ADULTS		CORE KIDS
	9:00		9:00		
	BEGINNER KICKBOXING ADULTS		BEGINNER KICKBOXING ADULTS		