



MORRIS PLAINS - CLASS SCHEDULE

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Effective: 03/18/18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	3:30p				9:00a	9:00a
	KARATE CUBS				INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS
4:15p	4:30p	4:15p	4:15p	4:15p	10:00a	10:00a
BEGINNER LITTLE TIGERS	JIU-JITSU LITTLE TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	KARATE CUBS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS
5:15p	5:15p	5:00p	5:15p	5:15p	11:30a	
JIU-JITSU TIGERS	INTERMEDIATE LITTLE TIGERS	JIU-JITSU TIGERS	INTERMEDIATE LITTLE TIGERS	JIU-JITSU TIGERS	BEGINNER ALL TIGERS	
6:00p	5:15p	5:45p	5:15p	6:00p	12:45p	
BEGINNER TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	INTERMEDIATE TIGERS	INTERMEDIATE TIGERS	JIU-JITSU LITTLE TIGERS	
7:00p	6:00p	6:45p	6:00p	7:00p	12:45p	
BEGINNER KICKBOXING ADULTS	BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	BEGINNER LITTLE TIGERS	ADVANCED KICKBOXING ADULTS	JIU-JITSU TIGERS	
8:00p	7:00p	7:45p	7:00p	8:00p	1:30p	
JIU-JITSU ADULTS	JIU-JITSU ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INT/ADV JIU-JITSU ADULTS	ADVANCED TIGERS	
9:00p	8:00p		8:00p		3:00p	
ADVANCED KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS		BEGINNER KICKBOXING ADULTS		BIRTHDAY PARTY	
	9:00p		9:00p			
	BEGINNER KICKBOXING ADULTS		JIU-JITSU ADULTS			