













2020 UNIFORM CODE

TSMA CERTIFIED PROTECTIVE GEAR

TYPE		KICKBOXING		JIU-JITSU
		BEGINNER	INT / ADV	
Bag Gloves (Any TSMA Certified)		✓	✓*	
Hand Wraps (Any TSMA Certified)		✓	✓	
Boxing Gloves (Any TSMA Certified)			✓*	
Foot/Shin Guards (Any TSMA Certified)			✓	
Headgear (Any TSMA Certified)			✓	
Chest Protector (Female Students)			✓	
Groin Cup (Male Students)			✓	✓
Mouth Guard (Any TSMA Certified)			✓	✓
Ear Guards (Any TSMA Certified)				✓
Bag (Any TSMA Certified)		✓	✓	✓

Additional Information:

- Students are required to wear only TSMA Certified gear in all classes. No exceptions.
- *Bag gloves are required during bag training weeks and boxing gloves during sparring weeks, they cannot be interchanged.