












## 2022 UNIFORM CODE TSMA CERTIFIED PROTECTIVE GEAR

TYPE		KICKBOXING		JIU-JITSU
		BEGINNER	INT / ADV	
<a href="#"><u>Bag Gloves ( Any TSMA Certified)</u></a>		✓	✓*	
<a href="#"><u>Hand Wraps ( Any TSMA Certified)</u></a>		✓	✓	
<a href="#"><u>Boxing Gloves ( Any TSMA Certified)</u></a>			✓*	
<a href="#"><u>Foot/Shin Guards ( Any TSMA Certified)</u></a>			✓	
<a href="#"><u>Headgear ( Any TSMA Certified)</u></a>			✓	
<a href="#"><u>Chest Protector ( Female Students)</u></a>			✓	
<a href="#"><u>Groin Cup ( Male Students)</u></a>			✓	✓
<a href="#"><u>Mouth Guard ( Any TSMA Certified)</u></a>			✓	✓
<a href="#"><u>Ear Guards ( Any TSMA Certified)</u></a>				✓

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**Bag ( Any TSMA Certified)**



**Additional Information:**

- Students are required to wear only TSMA Certified gear in all classes. No exceptions.
- \*Bag gloves are required during bag training weeks and boxing gloves during sparring weeks, they cannot be interchanged.