



ABINGTON - CLASS SCHEDULE

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Effective Date: May 2nd, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 PM	4:00 PM	5:00 PM	5:00 PM	4:00 PM	9:00 AM
BEGINNER LITTLE TIGERS	CUBS	INT/ADV TIGERS	JIU-JITSU TIGERS	CUBS	CUBS
5:45 PM	5:00 PM	5:45 PM	5:45 PM	5:00 PM	10:00 AM
JIU-JITSU TIGERS	BEGINNER TIGERS	JIU-JITSU TIGERS	INT/ADV TIGERS	BEGINNER LITTLE TIGERS	INT/ADV KICKBOXING ADULTS
6:30 PM	5:45 PM	6:30 PM	6:30 PM	5:45 PM	10:45 AM
BEGINNER TIGERS	JIU-JITSU TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	INT/ADV TIGERS	JIU-JITSU ADULTS
7:15 PM	6:30 PM	7:15 PM	7:15 PM	6:30 PM	11:30 AM
BEGINNER KICKBOXING ADULTS	INT/ADV TIGERS	BEGINNER KICKBOXING ADULTS	INT/ADV KICKBOXING ADULTS	JIU-JITSU TIGERS	BEGINNER KICKBOXING ADULTS
8:00 PM	7:15 PM	8:00 PM	8:00 PM		12:15 PM
INT/ADV KICKBOXING ADULTS	INT/ADV KICKBOXING ADULTS	INT/ADV KICKBOXING ADULTS	JIU-JITSU ADULTS		BEGINNER LITTLE TIGERS
	8:00 PM		8:45 PM		1:00 PM
	JIU-JITSU ADULTS		BEGINNER KICKBOXING ADULTS		BEGINNER TIGERS
					1:45 PM
					JIU-JITSU TIGERS
					2:30 PM
					INT/ADV TIGERS