



## ALLENTOWN - CLASS SCHEDULE

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Effective Date: September 20th, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30 PM	4:30 PM	4:30 PM	4:30 PM	4:30 PM	9:00 AM
BEGINNER TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	BEGINNER LITTLE TIGERS	INTERMEDIATE KICKBOXING ADULTS
5:15 PM	5:15 PM	5:15 PM	5:15 PM	5:15 PM	9:45 AM
JIU-JITSU TIGERS	JIU-JITSU LITTLE TIGERS	JIU-JITSU TIGERS	INTERMEDIATE TIGERS	JIU-JITSU LITTLE TIGERS	BEGINNER KICKBOXING ADULTS
6:00 PM	6:00 PM	6:00 PM	6:00 PM	6:00 PM	11:00 AM
INTERMEDIATE TIGERS	BEGINNER LITTLE TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	INTERMEDIATE TIGERS	CUBS
6:45 PM	7:00 PM	6:45 PM	7:00 PM	6:45 PM	12:00 PM
ADVANCED TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED TIGERS	BEGINNER ALL TIGERS
7:30 PM	7:45 PM	7:30 PM	7:45 PM	7:30 PM	
BEGINNER KICKBOXING ADULTS	BEGINNER JIU-JITSU ADULTS	ADVANCED KICKBOXING ADULT	JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS	
8:15 PM	8:30 PM	8:15 PM	8:30 PM	8:15 PM	
INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	ADVANCED JIU-JITSU ADULT	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	
	9:15 PM				
	ADVANCED KICKBOXING ADULT				