



## CHERRY HILL - CLASS SCHEDULE

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Effective Date: May 2nd, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 PM	5:00 PM	12:00 PM	5:00 PM	12:00 PM	9:15 AM	9:15 AM
CUBS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	COMPETITION JIU-JITSU	BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS
5:00 PM	5:00 PM	4:00 PM	5:00 PM	5:00 PM	10:00 AM	10:00 AM
BEGINNER TIGERS	BEGINNER KICKBOXING TEENS	CUBS	BEGINNER LITTLE TIGERS	INTERMEDIATE TIGERS	ADVANCED KICKBOXING ADULT	INTERMEDIATE KICKBOXING ADULTS
5:45 PM	5:45 PM	5:00 PM	5:45 PM	5:00 PM	11:00 AM	10:45 AM
BEGINNER LITTLE TIGERS	INT/ADV JIU-JITSU TIGERS	INTERMEDIATE TIGERS	ADVANCED TIGERS	INSTRUCTORSHIP PROGRAM	CUBS	SPARRING ADULTS
5:45 PM	5:45 PM	5:00 PM	6:30 PM	5:45 PM	11:00 AM	
JIU-JITSU TIGERS	JIU-JITSU TIGERS	CUBS	COMPETITION KICKBOXING	JIU-JITSU TIGERS	BEGINNER KICKBOXING ADULTS	
6:30 PM	6:30 PM	5:45 PM	6:30 PM	6:30 PM	12:00 PM	
INTERMEDIATE TIGERS	INTERMEDIATE TIGERS	JIU-JITSU TIGERS	INT/ADV JIU-JITSU TIGERS	BEGINNER KICKBOXING TEENS	BEGINNER TIGERS	
6:30 PM	6:30 PM	5:45 PM	7:15 PM	6:30 PM	12:00 PM	
ADVANCED TIGERS	ADVANCED TIGERS	BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	BEGINNER TIGERS	CUBS	
7:15 PM	7:15 PM	6:30 PM	7:15 PM	7:15 PM	12:45 PM	
INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER TIGERS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER LITTLE TIGERS	
7:15 PM	7:15 PM	6:30 PM	8:00 PM	8:00 PM	12:45 PM	
BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULT	BEGINNER KICKBOXING ADULTS	SPARRING ADULTS	SPARRING ADULTS	JIU-JITSU TIGERS	
8:00 PM	8:00 PM	7:15 PM	8:00 PM		1:30 PM	
SPARRING ADULTS	SPARRING ADULTS	ADVANCED KICKBOXING ADULT	JIU-JITSU ADULTS		ADVANCED TIGERS	
8:00 PM	8:15 PM	8:15 PM			1:30 PM	
INSTRUCTOR TRAINING	INT/ADV JIU-JITSU ADULTS	JIU-JITSU ADULTS			INTERMEDIATE TIGERS	
		8:15 PM			2:15 PM	
		INSTRUCTORSHIP PROGRAM			INT/ADV JIU-JITSU TIGERS	