



COLMAR - CLASS SCHEDULE

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Effective Date: April 18th, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:00 PM	4:00 PM	12:00 PM	4:15 PM	12:00 PM	9:00 AM	8:00 AM
INTERMEDIATE KICKBOXING ADULTS	CUBS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER TIGERS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULT	COMPETITION JIU-JITSU
5:00 PM	5:00 PM	5:00 PM	5:00 PM	4:00 PM	10:00 AM	8:30 AM
BEGINNER LITTLE TIGERS	BEGINNER TIGERS	INT/ADV TIGERS	JIU-JITSU TIGERS	CUBS	JIU-JITSU ADULTS	COMPETITION KICKBOXING
5:45 PM	5:45 PM	5:45 PM	5:45 PM	5:00 PM	10:45 AM	
JIU-JITSU ALL TIGERS	JIU-JITSU TIGERS	JIU-JITSU TIGERS	INT/ADV TIGERS	BEGINNER LITTLE TIGERS	INTERMEDIATE KICKBOXING ADULTS	
6:30 PM	6:30 PM	6:30 PM	6:30 PM	5:45 PM	11:30 AM	
BEGINNER TIGERS	INT/ADV TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	INT/ADV TIGERS	BEGINNER KICKBOXING ADULTS	
7:15 PM	7:15 PM	7:15 PM	7:15 PM	6:30 PM	12:15 PM	
BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULT	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULT	JIU-JITSU TIGERS	BEGINNER LITTLE TIGERS	
8:00 PM	8:15 PM	7:15 PM	8:15 PM	7:15 PM	1:00 PM	
INT/ADV KICKBOXING ADULTS	JIU-JITSU ADULTS	INSTRUCTOR TRAINING	JIU-JITSU ADULTS	INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU ALL TIGERS	
8:45 PM	9:00 PM	8:00 PM	9:00 PM	8:00 PM	1:45 PM	
BEGINNER JIU-JITSU ADULTS	INTERMEDIATE KICKBOXING ADULTS	INT/ADV KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING TEENS	BEGINNER TIGERS	
		8:45 PM		8:45 PM	2:30 PM	
		BEGINNER JIU-JITSU ADULTS		ADVANCED JIU-JITSU TEENS	INT/ADV TIGERS	
					3:15 PM	
					JIU-JITSU TIGERS	