



## MERRICK - CLASS SCHEDULE

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Effective Date: September 12th, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:15 PM	4:15 PM	4:15 PM	4:00 PM	4:15 PM	8:30 AM
BEGINNER LITTLE TIGERS	ADVANCED TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	INTERMEDIATE KICKBOXING ADULTS
5:00 PM	4:15 PM	5:00 PM	4:45 PM	5:00 PM	9:15 AM
INTERMEDIATE TIGERS	CUBS	INTERMEDIATE TIGERS	JIU-JITSU TIGERS	JIU-JITSU TIGERS	BEGINNER KICKBOXING ADULTS
5:45 PM	5:00 PM	5:45 PM	5:30 PM	5:00 PM	10:00 AM
JIU-JITSU TIGERS	JIU-JITSU TIGERS	JIU-JITSU TIGERS	ADVANCED TIGERS	INTERMEDIATE TIGERS	CUBS
6:30 PM	5:45 PM	6:30 PM	6:15 PM	6:30 PM	10:00 AM
BEGINNER TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	BEGINNER LITTLE TIGERS
7:15 PM	6:30 PM	7:15 PM	7:00 PM		10:45 AM
BEGINNER KICKBOXING ADULTS	BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	INT/ADV KICKBOXING ADULTS		BEGINNER TIGERS
8:00 PM	7:15 PM	8:00 PM	7:45 PM		11:30 AM
JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU ADULTS		JIU-JITSU TIGERS
8:45 PM	8:00 PM		8:30 PM		12:15 PM
INTERMEDIATE KICKBOXING ADULTS	ADVANCED KICKBOXING ADULT		BEGINNER KICKBOXING ADULTS		INTERMEDIATE TIGERS