



## MIDDLE VILLAGE - CLASS SCHEDULE

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<https://tsk.com/locations/new-york-locations/queens/middle-village>

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Effective Date: July 4th, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30 PM	5:00 PM	4:30 PM	4:00 PM	4:30 PM	8:00 AM
BEGINNER ALL TIGERS	INTERMEDIATE LITTLE TIGERS	BEGINNER TIGERS	ADVANCED TIGERS	INTERMEDIATE ALL TIGERS	INSTRUCTOR TRAINING
5:15 PM	5:45 PM	5:15 PM	5:00 PM	5:15 PM	8:00 AM
JIU-JITSU ALL TIGERS	JIU-JITSU LITTLE TIGERS	JIU-JITSU TIGERS	INTERMEDIATE LITTLE TIGERS	JIU-JITSU ALL TIGERS	INTERMEDIATE KICKBOXING ADULTS
6:00 PM	6:30 PM	6:00 PM	5:45 PM	6:00 PM	9:00 AM
INTERMEDIATE ALL TIGERS	BEGINNER LITTLE TIGERS	INT/ADV TIGERS	JIU-JITSU LITTLE TIGERS	BEGINNER ALL TIGERS	BEGINNER KICKBOXING ADULTS
7:00 PM	7:30 PM	7:00 PM	6:30 PM	7:00 PM	10:00 AM
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	ADVANCED KICKBOXING ADULT	BEGINNER LITTLE TIGERS	ADVANCED KICKBOXING ADULT	BEGINNER ALL TIGERS
8:00 PM	8:30 PM	8:00 PM	7:30 PM	8:00 PM	10:45 AM
JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	JIU-JITSU ALL TIGERS
			8:30 PM		11:30 AM
			INTERMEDIATE KICKBOXING ADULTS		INT/ADV ALL TIGERS
					12:15 PM
					CUBS