



MORRIS PLAINS - CLASS SCHEDULE

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Effective Date: March 21st, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 PM	5:15 PM	5:15 PM	4:30 PM	4:00 PM	9:00 AM	9:00 AM
JIU-JITSU TIGERS	INTERMEDIATE ALL TIGERS	JIU-JITSU TIGERS	INTERMEDIATE ALL TIGERS	CUBS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS
5:45 PM	6:00 PM	6:00 PM	5:15 PM	4:45 PM	9:45 AM	10:00 AM
BEGINNER ALL TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	JIU-JITSU ALL TIGERS	JIU-JITSU ALL TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS
6:45 PM	6:45 PM	6:45 PM	6:00 PM	5:30 PM	10:45 AM	
BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER LITTLE TIGERS	INTERMEDIATE ALL TIGERS	CUBS	
7:30 PM	7:30 PM	7:30 PM	6:45 PM	6:15 PM	11:30 AM	
JIU-JITSU ADULTS	INTERMEDIATE KICKBOXING ADULTS	ADVANCED KICKBOXING ADULT	INTERMEDIATE KICKBOXING ADULTS	ADVANCED KICKBOXING ADULT	BEGINNER ALL TIGERS	
8:15 PM			7:30 PM	7:00 PM	12:15 PM	
INTERMEDIATE KICKBOXING ADULTS			JIU-JITSU ADULTS	ADVANCED JIU-JITSU ADULT	JIU-JITSU ALL TIGERS	
			8:15 PM	8:00 PM	1:00 PM	
			INTERMEDIATE KICKBOXING ADULTS	INSTRUCTORSHIP PROGRAM	ADVANCED KICKBOXING TEENS	