



NEW WINDSOR - CLASS SCHEDULE

317 Windsor Highway * New Windsor NY, 12553

Phone: +1 845-787-4525

Email: newwindsor@tsk.com

<https://tsk.com/locations/new-york-locations/new-windsor>

FB: @tigerschulmannsnewwindsor TW: @TSMA_NewWindsor IG: @tsma_newwindsor

Effective Date: June 7th, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 PM	5:00 PM	5:00 PM	5:00 PM	5:00 PM	10:00 AM	10:00 AM
JIU-JITSU ALL TIGERS	INTERMEDIATE TIGERS	JIU-JITSU ALL TIGERS	BEGINNER TIGERS	BEGINNER TIGERS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS
6:00 PM	6:00 PM	6:00 PM	6:00 PM	6:00 PM	11:00 AM	
KICKBOXING TIGERS	JIU-JITSU ALL TIGERS	KICKBOXING TIGERS	JIU-JITSU ADULTS	INTERMEDIATE ALL TIGERS	BEGINNER TIGERS	
7:00 PM	7:00 PM	7:00 PM	7:00 PM	7:00 PM	12:00 PM	
BEGINNER KICKBOXING ADULTS	INT/ADV KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE ALL TIGERS	
8:00 PM	8:00 PM	8:00 PM	8:00 PM	8:00 PM		
INT/ADV KICKBOXING ADULTS	JIU-JITSU ADULTS	INT/ADV KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS		