



RAMSEY - CLASS SCHEDULE

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Effective Date: January 10th, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30 AM	6:00 AM	9:30 AM	9:30 AM	6:00 AM	8:00 AM	9:00 AM
BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INSTRUCTOR TRAINING	BEGINNER KICKBOXING ADULTS
4:30 PM	9:30 AM	4:30 PM	4:30 PM	9:30 AM	9:00 AM	10:00 AM
BEGINNER TIGERS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER TIGERS	INTERMEDIATE TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS
5:15 PM	4:30 PM	5:15 PM	5:15 PM	12:00 PM	10:00 AM	
JIU-JITSU TIGERS	INTERMEDIATE TIGERS	JIU-JITSU TIGERS	JIU-JITSU TIGERS	ADVANCED KICKBOXING ADULT	BEGINNER KICKBOXING ADULTS	
6:00 PM	5:15 PM	6:00 PM	6:00 PM	4:30 PM	11:00 AM	
INTERMEDIATE TIGERS	JIU-JITSU TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	BEGINNER TIGERS	CUBS	
7:00 PM	6:00 PM	7:00 PM	7:00 PM	5:15 PM	12:00 PM	
BEGINNER KICKBOXING ADULTS	BEGINNER TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU TIGERS	INTERMEDIATE TIGERS	
8:00 PM	7:00 PM	8:00 PM	8:00 PM	6:00 PM	12:45 PM	
ADVANCED KICKBOXING ADULT	INTERMEDIATE KICKBOXING ADULTS	ADVANCED KICKBOXING ADULT	JIU-JITSU ADULTS	INTERMEDIATE TIGERS	JIU-JITSU TIGERS	
9:00 PM	8:00 PM	9:00 PM	9:00 PM	7:00 PM	1:30 PM	
JIU-JITSU ADULTS	JIU-JITSU ADULTS	JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER TIGERS	
	9:00 PM					
	BEGINNER KICKBOXING ADULTS					