



## RED BANK - CLASS SCHEDULE

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<https://tsk.com/locations/new-jersey-locations/red-bank>

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Effective Date: November 23rd, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30 AM	4:30 PM	3:15 PM	4:30 PM	9:30 AM	9:00 AM	8:30 AM
BEGINNER KICKBOXING ADULTS	BEGINNER TIGERS	CUBS	INTERMEDIATE TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS
4:15 PM	5:30 PM	4:15 PM	5:15 PM	4:15 PM	9:00 AM	
BEGINNER LITTLE TIGERS	JIU-JITSU TIGERS	BEGINNER LITTLE TIGERS	JIU-JITSU TIGERS	INTERMEDIATE LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	
5:15 PM	6:30 PM	5:15 PM	6:15 PM	5:00 PM	10:15 AM	
BEGINNER TIGERS	BEGINNER LITTLE TIGERS	JIU-JITSU LITTLE TIGERS	BEGINNER ALL TIGERS	JIU-JITSU ALL TIGERS	BEGINNER ALL TIGERS	
6:00 PM	7:30 PM	6:00 PM	6:15 PM	6:00 PM	10:15 AM	
INTERMEDIATE TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE ALL TIGERS	BEGINNER ALL TIGERS	BEGINNER KICKBOXING ADULTS	CUBS	
6:45 PM		6:45 PM	7:15 PM		11:15 AM	
JIU-JITSU TIGERS		ADVANCED TIGERS	INTERMEDIATE KICKBOXING ADULTS		ADVANCED TIGERS	
7:45 PM		7:30 PM	8:00 PM		11:15 AM	
INTERMEDIATE KICKBOXING ADULTS		INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU ADULTS		JIU-JITSU LITTLE TIGERS	
8:30 PM					12:00 PM	
JIU-JITSU ADULTS					INTERMEDIATE TIGERS	