



SMITHTOWN - CLASS SCHEDULE

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Effective Date: September 6th, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
11:00 AM	4:15 PM	4:30 PM	4:30 PM	11:00 AM	9:00 AM	9:30 AM
BEGINNER KICKBOXING ADULTS	CUBS	JIU-JITSU TIGERS	INTERMEDIATE ALL TIGERS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULT	CUBS
4:30 PM	5:00 PM	5:30 PM	5:15 PM	4:30 PM	9:45 AM	10:30 AM
BEGINNER LITTLE TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	JIU-JITSU ALL TIGERS	BEGINNER LITTLE TIGERS	JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS
5:15 PM	5:45 PM	6:30 PM	6:00 PM	5:15 PM	10:30 AM	
JIU-JITSU ALL TIGERS	JIU-JITSU ALL TIGERS	BEGINNER KICKBOXING ADULTS	BEGINNER LITTLE TIGERS	INT/ADV TIGERS	INTERMEDIATE KICKBOXING ADULTS	
6:00 PM	6:30 PM	7:15 PM	7:00 PM	6:00 PM	11:30 AM	
BEGINNER TIGERS	INTERMEDIATE ALL TIGERS	JIU-JITSU ADULTS	ADVANCED KICKBOXING ADULT	JIU-JITSU ALL TIGERS	BEGINNER ALL TIGERS	
7:00 PM	7:30 PM	8:00 PM	7:45 PM	6:45 PM	12:15 PM	
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU ADULTS	BEGINNER TIGERS	JIU-JITSU TIGERS	
7:45 PM	8:15 PM		8:30 PM		1:00 PM	
INTERMEDIATE KICKBOXING ADULTS	INT/ADV JIU-JITSU ADULTS		BEGINNER KICKBOXING ADULTS		INTERMEDIATE TIGERS	