



TOTTENVILLE - CLASS SCHEDULE

2955 Veterans Rd. W./South Shore Commons * Staten Island NY, 10309

Phone: +1 718-984-2644 * Text: (347) 705-0067

Email: tottenville@tsk.com

<https://tsk.com/locations/new-york-locations/staten-island/tottenville/>

FB: @Facebook.com/TigerSchulmannsTottenville IG: @tsmmatottenville

Effective Date: November 29th, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
3:30 PM	9:00 AM	3:30 PM	9:00 AM	9:00 AM	9:00 AM	9:45 AM
CUBS	BEGINNER KICKBOXING ADULTS	CUBS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	BEGINNER ALL TIGERS
4:15 PM	3:30 PM	4:15 PM	3:30 PM	3:30 PM	9:45 AM	10:30 AM
BEGINNER TIGERS	BEGINNER TIGERS	BEGINNER TIGERS	INTERMEDIATE ALL TIGERS	CUBS	ADVANCED KICKBOXING ADULT	INTERMEDIATE ALL TIGERS
5:00 PM	4:15 PM	5:00 PM	4:15 PM	4:15 PM	10:30 AM	11:15 AM
INTERMEDIATE ALL TIGERS	BEGINNER LITTLE TIGERS	JIU-JITSU ALL TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	JIU-JITSU ALL TIGERS
5:45 PM	5:00 PM	5:45 PM	5:00 PM	5:00 PM	11:30 AM	
JIU-JITSU ALL TIGERS	JIU-JITSU ALL TIGERS	BEGINNER LITTLE TIGERS	JIU-JITSU ALL TIGERS	INTERMEDIATE ALL TIGERS	CUBS	
6:30 PM	5:45 PM	6:30 PM	5:45 PM	5:45 PM	12:15 PM	
BEGINNER LITTLE TIGERS	INTERMEDIATE ALL TIGERS	INTERMEDIATE ALL TIGERS	INTERMEDIATE ALL TIGERS	JIU-JITSU ALL TIGERS	BEGINNER ALL TIGERS	
7:15 PM	6:30 PM	7:15 PM	6:30 PM	6:30 PM		
BEGINNER KICKBOXING ADULTS	ADVANCED TIGERS	ADVANCED TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS		
8:00 PM	7:15 PM	8:00 PM	7:15 PM	7:15 PM		
JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED TIGERS	ADVANCED JIU-JITSU TIGERS		
	8:00 PM	8:45 PM	8:00 PM			
	JIU-JITSU ADULTS	ADVANCED KICKBOXING ADULT	BEGINNER KICKBOXING ADULTS			
	8:45 PM		8:45 PM			
	INT/ADV KICKBOXING ADULTS		INT/ADV KICKBOXING ADULTS			